

MIND BODY SOUL

DIVISIONS

Children - all levels

BJJ

Kids under 9

GAME Kids Game

Kids 9-12

JJK1 - under 80lbs

JJK2 - under 100lbs

JJK3 - over 100lbs

Kids 12-16

JJK4 - under 100lbs

JJK5 - under 120lbs

JJK6 - over 120lbs

No Gi

NGK1 - under 80lbs

NGK2 - under 100lbs

NGK3 - over 100lbs

NGK4 - under 100lbs

NGK5 - under 120lbs

NGK6 - over 120lbs

Pankration

PNK1 - under 80lbs

PNK2 - under 100lbs

PNK3 - over 100lbs

PNK4 - under 100lbs

PNK5 - under 120lbs

PNK6 - over 120lbs

Women – all levels

BJJ

JJF1 – under 130lbs

JJF2 – under 160lbs

JJF3 – over 160lbs

No Gi

NGF1 – under 130lbs

NGF2 – under 160lbs

NGF3 – over 160lbs

Kickboxing

KBF1 under 135lbs

KBF2 over 135lbs

Muay Thai

MTF1 under 135lbs

MTF2 over 135lbs

Men's Novice – under 9 months experience

BJJ & No Gi

Novice BJJ & No Gi is round robin.
Put done code JJN or NGN & make
sure your weight is correct.

Pankration

PN1 – under 140lbs

PN2 – under 155lbs

PN3 – under 170lbs

PN4 – under 185lbs

PN5 – under 205 lbs

PN6 – over 205lbs

Kickboxing- under 1 year exp

KBN1 – under 150lbs

KBN2 – under 170lbs

KBN3 – under 190lbs

KBN4 – over 190lbs

Men's Intermediate- 9 months to 2 years

BJJ

JJI1 – under 140lbs
JJI2 – under 155lbs
JJI3 – under 170lbs
JJI4 – under 185lbs
JJI5 – under 205lbs
JJI6 – over 205lbs

No Gi

NGI1 – under 140lbs
NGI2 – under 155lbs
NGI3 – under 170lbs
NGI4 – under 185lbs
NGI5 – under 205lbs
NGI6 – over 205lbs

Pankration

PI1 – under 140lbs
PI2 – under 155lbs
PI3 – under 170lbs
PI4 – under 185lbs
PI5 – under 205lbs
PI6 – over 205lbs

Kickboxing- under 1 year exp

KBA1- under 150lbs
KBA2 – under 170lbs
KBA3 – under 190lbs
KBA4 – over 190lbs

Muay Thai - over 1 year exp

MTA1 – under 150lbs
MTA2 – under 170lbs
MTA3 – under 190lbs
MTA4 – over 190lbs

Men's Advanced – 2 years to 4 years

BJJ (Blue Belt)

JJA1 – under 140lbs
JJA2 – under 155lbs
JJA3 – under 170lbs
JJA4 – under 185lbs
JJA5 – under 205lbs
JJA6 – over 205lbs
JJAB – Absolute

No Gi

NGA1 – under 140lbs
NGA2 – under 155lbs
NGA3 – under 170lbs
NGA4 – under 185lbs
NGA5 – under 205lbs
NGA6 – over 205lbs
NGAB – Absolute

Pankration

PA1 – under 140lbs
PA2 – under 155lbs
PA3 – under 170lbs
PA4 – under 185lbs
PA5 – under 205lbs
PA6 – over 205lbs

Men's Elite – 4 YEARS AND UP

BJJ (Purple & up)

JJE1 – under 140lbs
JJE2 – under 155lbs
JJE3 – under 170lbs
JJE4 – under 185lbs
JJE5 – under 205lbs
JJE6 – over 205lbs
JJAB – Absolute

No Gi

NGE1 – under 140lbs
NGE2 – under 155lbs
NGE3 – under 170lbs
NGE4 – under 185lbs
NGE5 – under 205lbs
NGE6 – over 205lbs
NGAB – Absolute

Pankration

PE1 – under 140lbs
PE2 – under 155lbs
PE3 – under 170lbs
PE4 – under 185lbs
PE5 – under 205lbs
PE6 – over 205lbs